

## WHAT ARE MANTRAS?

*EVERY ENTITY IN THE UNIVERSE IS COMPOSED OF ENERGY. EVERY SYLLABLE OF A WORD THAT IS LET OUT BY YOU IS A CARRIER OF ENERGY AND CAN BE USED TO TAP OTHER SPECIFIC FORMS OF ENERGY IN THE ATMOSPHERE. MANTRAS ARE INCANTATIONS HAILING THE GODS THEREBY STIMULATING THE NECESSARY ENERGY FLOW.*



*MANTRAS CAN BE DEFINED AS FOLLOWS.*

*MANTRAS ARE ENERGY-BASED SOUNDS*

*MANTRAS CREATE THOUGHT-ENERGY WAVES*

*MANTRAS ARE TOOLS OF POWER AND TOOLS FOR POWER. THE SOUND OF A MANTRA HAS A VIBRATION DESIGNED TO PRODUCE A SPECIFIC EFFECT. THE HUMAN CONSCIOUSNESS IS A COLLECTION OF VARIOUS STATES OF CONSCIOUSNESS. ALL ORGANS AND THE ORGAN SYSTEMS HAVE A PRIMITIVE CONSCIOUSNESS OF THEIR OWN, WHICH ALLOWS THEM TO PERFORM SPECIFIC FUNCTIONS.*

## How mantras effect us?

Mantras have wonderful effects, if they are repeated in a proper way. Ancient Indian scriptures are full of stories about people who have attained superhuman and supernatural powers by chanting mantras. The Vedas, especially the Rig-Veda contains thousands of mantras. These mantras are considered highly effective although their meaning is not known. Actually the literal meaning has little to do with the power which mantras give. Our mind, our actions and things of our surrounding can be purified by mantras and charged with spiritual energy. The special vibrations of holy places and centre of pilgrimages arouse from the fact that someone at sometimes has chanted holy mantras at these places. After that these places exercised great spiritual attraction for many years.



## How one can use mantras for healing?

*There is quite a considerable potential of healing powers within each one of us, which could be used for prevention or support of treatments of diseases. The irony is that we are not aware of our own capability to do so. Those who would like to use their inner powers more consciously can utilize the inherent power of Mantras to invoke their higher consciousness that holds the key to an infinitely better and healthy life.*